



# NOMATA NEWS

TENNIS FOR THE GREATER NEW ORLEANS AREA

SEPTEMBER 2022

## UPCOMING EVENTS

- 8/31, 9/7 Tennis Apprentice (Audubon Tennis Courts)
- 9/2 – 9/5 18 and 55 & Over Mixed Doubles State Tournament (Mandeville/Covington)
- 11/11-11/13 SAVE THE DATE for NOMATA's Fun Team Tennis Tournament – Details coming soon!

## USTA LEAGUE INFORMATION

### Mixed Doubles State Tournament Dates

*18 and 55 & over leagues*  
September 2<sup>nd</sup> – 5<sup>th</sup>  
Mandeville, LA

### USTA Combo Leagues – Fall Day and Night

League play has started. Good luck to all. Have a great season!

Night League Coordinator – Carla Catalano – [carlacat@aiff.net](mailto:carlacat@aiff.net)

Day League Coordinator – Susan Simoneaux – [ssimon@halmail.com](mailto:ssimon@halmail.com)

55 & Over Night/Day League Coordinator – Kelli Wright – [kelliwright@aiffor@gmail.com](mailto:kelliwright@aiffor@gmail.com)

## RAPHAEL VILLAGE TENNIS FUN-RAISER TOURNAMENT

NOMATA is proud to support the upcoming 8<sup>th</sup> Annual Raphael Village Tennis Fun-Raiser Tournament at City Park on Friday, October 7<sup>th</sup> and Saturday, October 8<sup>th</sup>. Raphael Village is a non-profit organization that supports differently-abled people in becoming fully engaged in life and community. Mark your calendars and come out and enjoy the fun. For more information or to register, visit [raphaelvillage.org/support-our-work/events/tennis-run-raiser](http://raphaelvillage.org/support-our-work/events/tennis-run-raiser)

## JUNIOR TEAM TENNIS IS SET TO BEGIN

The Junior Team Tennis League is set to begin 9/17. All you need are three girls and three boys as a minimum to start a team, but you may have more players. The brackets are 8 & Under, 10 & Under Beginner, 10 & Under Intermediate, 12 & Under Beginner, 12 & Under Intermediate, 14 & Under, and 18 & Under. We need parents to captain teams in all brackets. We are offering our parent captains a \$50.00 gift card to Second Serve as well as one free registration. Please contact Pedro at [nojrtt@gmail.com](mailto:nojrtt@gmail.com) if interested. We appreciate your support!

## 40 & OVER MIXED DOUBLES TOURNAMENT

A huge THANK YOU to our coordinators and volunteers for helping this weekend with the Mixed Doubles State Tournament at UNO. Despite inclement weather at times, we were able to fully complete the tournament. We appreciate everyone's support.

## HOW TO IMPROVE YOUR TENNIS GAME

1. Learn what works and stick to it.
2. Before a match, develop a game plan.
3. Practice your feet movements.
4. Don't walk the line of every shot.
5. Follow through with your shot.
6. Look for your opponent's weakness.
7. Use a professionally strung racquet.
8. Train with the best.
9. Play in more tournaments.
10. Get tennis lessons.

## PRIDE ONE LOVE RESCHEDULED TO 2023

After several attempts to reschedule we have decided to reschedule Pride One Love to 2023. Stay tuned for details closer to the date.