



NOMATA NEWS

TENNIS FOR THE GREATER NEW ORLEANS AREA

January/February 2023

UPCOMING EVENTS

2/7, 2/27	Tennis Apprentice (City Park)
2/26	Black History Month Event (Atkinson-Stern)
3/10	Christian Brothers Tournament (City Park)
3/12	Women's History Month Event (Atkinson-Stern)
3/14	St. Catherine's Shamrock Open Tournament (City Park)
3/31	Brother Martin's Tournament (City Park)
4/26	Sacred Heart's Tournament (City Park)

USTA LEAGUE INFORMATION

USTA Leagues – Spring Day and Night

League play has started. Good luck to all. Have a great season!

Night League Coordinator – Carla Catalano – carlacat@att.net

Day League Coordinator – Susan Simoneaux – sssimon@hotmail.com

55 & Over Night/Day League Coordinator – Kelli Wright – kelliwrightrealtor@gmail.com

NOMATA'S TENNIS APPRENTICE PROGRAMS - 2023

Never played tennis? Do you know someone who has never played tennis and you think they would enjoy it? Has it been years since you picked up a tennis racquet? Tennis Apprentice is a great option if you answered yes to any of these questions. Tennis Apprentice is four, ninety-minute clinics from local pros. NOMATA'S first Tennis Apprentice of 2023 is in full swing at City Park Pepsi Tennis Center. Be on the lookout for upcoming information on our second session at Audubon Park Tennis Center beginning in March. Dates and times will be posted on the NOMATA website shortly.

NOMATA ON THE MOVE

NOMATA's D&I Committee, along with NORDC, is planning an event for Black History Month at Atkinson-Stern Tennis Center on Sunday, February 26th from 12:00PM-3:00PM. The theme will be "Paying it Forward – N.O. African American Tennis Mentors". In addition, the committee is planning an event for Women's History Month at Atkinson-Stern Tennis Center on March 12th from 12:00PM-3:00PM. They will be seeking nominations of local female tennis players who have impacted the Greater New Orleans tennis community. They will be acknowledged throughout March. Please check the NOMATA website for further information on these events as well as information on nominating a local female tennis player. Please email NOMATADandl@gmail.com for questions or responses.

HOW TO GET READY FOR THE SPRING TENNIS SEASON

1. New season, new goals
2. Shake off the winter feels and get in gear.
3. Stretch out your muscles.
4. Don't put off your cardio workouts for later.
5. Don't forget to check on your tennis supplies and equipment.
6. Practice your strokes.
7. Have fun!

TENNIS TRIVIA QUESTION

How many games did the longest Wimbledon men's singles match on record last?

Stay tuned for the answer in the next newsletter!